

Rockland Council on Aging

317 Plain Street

Rockland, Ma. 02370

Secretaries Report

July 20, 2016

With a quorum (at least 7) present Secretary Lorraine Ahern called the meeting to order at 9:30.

Roll Call:

Lorraine Ahern	P	Rita Howes	P	Ed Malone	A	E
Jean Callahan	P	Chris Kelley	E	John Rogers	A	P
Cynda Childs	E	Beverly Ladner	E	Agnes Smith	A	P
Eleanor Cole	P	Audrey Ryan	E			
Jack Conway	P	Patti Penney	E			
Lu Crowley	P					

Approval of Minutes from previous meeting / Secretaries Report: Motion made by Jack Conway to accept the secretaries report and seconded by Jean Callahan.

Old Colony Elder Services: Agnes Smith

- Huge budget cuts to many programs
- Currently there is Zero Dollars available for Shine Program
- The meeting had a speaker and presentation for “Substance Abuse and Intervention” There are bi-monthly meeting on the 1st and 3rd Thursdays of each month from 5pm – 9pm at the Community Covenant Church, 400 Pleasant St, East Bridgewater, Ma. These meetings are open to all. Contact 504-800-0942 for further info.

Old Colony Planning Council: Rita Howes

- No meeting this month – members were sworn in
- A survey was distributed to ascertain the needs of seniors so that Priority can be assessed (to each need).

Financial Report: A motion was made by Lu Crowley to accept the report as read, seconded by Rita Howes - the vote was unanimous. Current balance: \$ 41,694.04 (There is \$1,719.00 earmarked for the Senior Olympics)

Warrant Report: The Bill Warrant was duly signed by all members’ present.

Outreach Report: A motion was made by Lu Crowley and seconded by Rita Howes to accept the report. Farmers Market coupons for eligible seniors should be coming into the center soon from Old Colony Elder Services.

- July 20th Old Colony presented a program on the benefits of “Probiotics and your Health”. The program was very attended and many questions were asked and answered by Barbara Cardosa, RDN,LDN. The group was very interested in all the information and pamphlets that were handed out.
- The “Ice Cream Social” on July 20, 2016 was a complete success with over 100 seniors enjoying the ice cream as well as the social interaction. Director Peggy and her helpers were so organized and very well prepared.
- The coloring class on Wednesdays in the craft room has been an overwhelming success with more and more seniors realizing how much they enjoy the arts. There have been several “Masterpieces” worthy of display on the bulletin boards.

Director’s Report: Director Peggy requested that all members of the COA take the Ethics Exam on the Mass State Web Site and that upon completion members should print out the Certificate of Completion” and give to her ASAP. This is a state requirement and must be done by all members.

- The Town of Rockland is continuing the process of updating their Web Site
- The director report that there is a change to the 2016-2017 supply budget
- The hiring of the new receptionist has been approved and Stacy Driscoll has started her part time position.
- The senior van had some more mechanical trouble with the transmission – the repair for parts was covered under the warranty but the center was responsible for the labor.
- There was discussion about the currently bi-monthly newsletter being produced monthly instead of by-monthly.
- Peggy has had no response from Elder Affairs in Boston regarding the Formula Grant

- The Senior Olympics is scheduled for September 19 – 22, 2016.
- August 24, 2016 the Men’s Club is sponsoring a Golf Tourney at the Rockland Golf Course. Tickets include a BBQ dinner and entertainment by Bob Sylvia
- September 24, 2016 there will be a “Pig Roast” at the center. Hot dogs, hamburgers and corn chowder will also be served along with watermelon. Tickets will be \$25.00.
- Dues of \$5.00 are due in September for the Golden Ages

With no further business a motion was made by John Rogers and seconded by Lu Crowley to adjourn the meeting at 10:15.

Next meeting August 17, 2016 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern
Secretary COA July 20, 2016