

Rockland Council on Aging

317 Plain Street

Rockland, Ma. 02370

Secretaries Report

March 16, 2016

With a quorum (at least 7) present Chair Beverly Ladner called the meeting to order at 9:30.

**Roll Call:**

Lorraine Ahern	P	Chris Kelley	E	Rita Howes A	P
Jean Callahan	P	Beverly Ladner	P	John Rogers A	P
Cynda Childs	P	Audrey Ryan	P	Agnes Smith A	P
Eleanor Cole	P	Patti Penney	E		
Jack Conway	P	Peter Stonis	P		
Lu Crowley	P				

**Approval of Minutes from previous meeting / Secretaries Report:** Motion made by John Rogers to accept the secretaries report and seconded by Rita Howes

**Old Colony Elder Services:** Agnes Smith

- 5% increase for 2016 for participants
- 1% increase for 2017
  
- The Attorney General has been adhering to a “Zero Tolerance for Fraud” initiative recently with the indictment of several PCAs (Personal Care Attendants) for submitting fraudulent claims.
  
- At the recent meeting in Plymouth the issues of drug abuses and efforts to get people involved early were discussed.

**Old Colony Planning Council:** No meeting this month

**Financial Report:** A motion was made by Lorraine Ahern to accept the report as read, seconded by John Rogers - the vote was unanimous. Current balance: \$45,804.52

**Warrant Report:** The Bill Warrant was duly signed by all members present.

**Outreach Report:** A motion was made by Lorraine Ahern and seconded by Peter Stonis to accept the report.

- A new program for Adult coloring was started on March 9, 2016 and is being well received by all. The first class was full with 15 active, artists coloring away and socializing.
- The center has several programs scheduled for the coming months including:
  - A film “Being Mortal” on March 23, 2016 and presented by Beacon Hospice
  - On March 16, 2016 the Hahn Health Care is doing a seminar on Depression and Anxiety in the Elderly
  - On April 6, 2016 the Norwell VNA is doing a presentation on Chronic Obstructive Pulmonary Disease and Congestive Heart Failure

**Director’s Report:** Director Peggy discussed the increase in program attendance at the center. There are traveling teams for pickle ball, which has been a tremendous success.

- The center is ordering another pickle ball net. Many of the members are enjoying the game so much that they bought their own rackets.
  - Maybe shirts will be ordered in the future to identify the teams
  - 54 seniors attended the Saturday breakfast this month. Pancakes, fresh blueberries, fresh strawberries, potatoes, juice, and coffee were served. The breakfast brought out some new seniors who really enjoyed the social interaction. Lu Crowley volunteered once again to assist in the kitchen.
  - There was discussion about future entertainment at the center. Some possibilities might include:
    - Theater Group – Julie Childs
    - Talent Show – By the Men’s’ Club scheduled for June 26, 2016
    - Bus Trip to Patriots Place
- The Friends of the Center is having Chinese Food and Bingo scheduled for June 11, 2016

A donation for \$1,000.00 was made to the center in honor of Peter Stonis WWII Army Veteran.

With no further business a motion was made by Lorraine Ahern and seconded by John Rogers to adjourn the meeting at 10:10.

Next meeting April 20, 2016 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern  
Secretary COA March 16, 2016