

*Rockland Council on Aging*

*317 Plain St Rockland, Ma.*

*Secretaries Report*

*Wednesday January 14, 2015*

With a quorum present Chairperson Beverly Ladner called the meeting to order at 9:30.

**Roll Call:** Audrey Ryan, Lorraine Ahern, Peter Stonis, Jean Callahan Chris Kelly, Patti Penney, Eleanor Cole, Cynda Childs and Jack Conway. Excused: Lu Crowley, and alternate John Rogers.

**Old Colony Elder Services:** Agnes Smith was absent. No Report

**Old Colony Planning Council:** Rita Howes reported that although there was no meeting in December the OCPC has been very busy with programs and updates on the budgets for 2015. Director Patrick Hamilton has been traveling to the different centers and is planning to visit Rockland Senior Center in the near future.

**Approval of Minutes from previous meeting / Secretaries Report:** A motion was made by Audrey Ryan to accept the report as read, seconded by Jean Callahan and the vote was unanimous.

**Financial Report:** A motion was made by Lorraine Ahern to accept the report as read, seconded by Peter Stonis; the vote was unanimous. Current balance: \$57,807.84.

- The contract for the “Fire Systems” for servicing the sprinklers was recently renewed for a cost of \$2,327.00
- The contract for Huntington Controls which services the HVAC and heating system was renewed at a cost of \$1,995.00
- The utilities account is expected to have a \$6,000.00 shortfall through December of 2015.

**Warrant Report:** The Bill Warrant was duly signed by all members present.

**Outreach Report:** A motion was made by Patti Penney and 2<sup>nd</sup> by Jean Callahan to accept the report as written and presented.

- Eleanor reported that Home Instead Senior Care had generously decorated the library for the Holidays. The council had a discussion about “Memory Trees” and future plans.
- Many of the seniors enjoyed a Holiday craft day during December making crafts and decorating cookies.
- The COA had their annual “Holiday Tea” with sandwiches made by Hillary and the students from the Collaborative Program. A colorful punch as well as a wide variety of desserts were also served along with the tea. Entertainment and dancing was enjoyed by the over 85 seniors who attended.
- The Men’s Group had a wonderful Christmas party with dancing and music and plenty of good food.

- The center had a New Year's Eve Party starting at **12 Noon** with the dropping of the ball and plenty of Chinese Food, dancing and outstanding music.
- Starting January 28<sup>th</sup> the OCES will hold a 6 week "Diabetes Self-Management Program.
- Starting in March "Put Pain in its' Place" program is scheduled
- Meals on Wheels drivers are still urgently needed.
- Blood Pressure Clinic is now offered 3 Thursdays each month.

**Director's Report:** The motion was made by Audrey Ryan to accept the report as presented, seconded by Jack Conway.

- Town Report is due at the end of January
- The Budget Finance Committee will meet at the end of January
- There are "NO ALCOHOL" beverages of any kind allowed in the senior center.
- Huntington Controls discovered a defect in the Heating System at the new senior center which is covered by warranty. Seekonk will be repairing the "Control Panel". The system warranty was about to expired and due to the outstanding diligence of the Director this costly repair will be made under the warranty.
- The programs and number of seniors using these programs has exploded. In the same 6 month period last year the numbers climbed to over 10,000 for the year; more than doubling the visits from the previous year.
- Last year the Town of Rockland allotted \$117,000 for the Senior Center. This year 2015-2016 the requested budget is \$147,000.

Currently the salary for the maintenance is coming out of the donation account through June 2015. This donation account is normally used for - anything other than Budgeted Items – such as entertainment, gas bill for the van, van maintenance etc.

As there was no further business to come before the Council a motion was made by Eleanor Cole and 2<sup>nd</sup> by Peter Stonis to adjourn at 10:00 AM, the vote was unanimous.

Next meeting February 11, 2015 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern  
 Secretary COA  
 January 14, 2015