



# TOWN OF ROCKLAND

## Board of Health

242 Union Street Rockland, MA 02370

Tel 781-871-1874 X350 Fax 781-871-2644

*Chairman:*  
Stephen Nelson

*Vice Chairman:*  
Victoria Deibel

*Member:*  
Patricia Halliday

*Agent:*  
Janice McCarthy

### **Rules and Regulations for the Collection of Rubbish and Recycling**

The following are rules and regulations for the collection of rubbish and recycling in the Town of Rockland:

**Residents must have rubbish and recycling curbside by 7:00 a.m.**

#### **Rubbish:**

Only acceptable waste will be accepted under the curbside collection program. Acceptable waste shall mean rubbish, trash, garbage generated from a residential household.

For the purposes of curbside collection of rubbish, barrels cannot be greater than 40 gallons nor weigh more than 75 pounds and shall be constructed of plastic, having handles or construction to provide adequate strength for lifting and having a tight fitting lid. All rubbish must be bagged.

Waste that will not be collected through the curbside collection program includes, but may not be limited to televisions, computer monitors, motor oil, car batteries, fluorescent bulbs, white goods, automobile parts and motors, tires scrap metal items, construction and demolition debris, hazardous waste, furniture, bedding and mattresses, etc.

Most materials not accepted under the curbside program are accepted at the Beech Street Recycling Center for a fee.

#### **Recycling:**

Recycling is mandatory in the Town of Rockland. Residents must have a recycling receptacle curbside in order to have rubbish picked up. If recycling is picked up before the rubbish, you must leave the recycling receptacle curbside.

Acceptable recyclables collected through the curbside collection program include mixed paper, containers made of glass, metal and plastics marked #1 - #7, drink boxes and milk cartons. Food containers contaminated with grease, oil or other food wastes are not acceptable.

Mixed papers includes, but is not limited to, newspaper, magazines and catalogues, flattened corrugated cardboard, discarded mail, paperboard, phone books, office and computer paper, paper bags and paperback books.

Recyclable materials can be placed in a recycling bin or in a regular barrel which is clearly marked for recycling. Do not put recyclables in plastic bags. Plastic grocery bags are not acceptable for recycling. Cardboard can be no larger than 2 ft. x 2 ft.



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### **Automated Trash Service:**

**Effective August 29, 2016 The Town of Rockland will be going to an Automated Trash Removal Service. Only Town issued Trash & Recycling receptacles will be accepted curbside.**

### **Yard Waste:**

Any yard waste such as leaves, grass clippings, and brush less than 4" in diameter may be brought to the Beech Street Recycling facility at no charge. Materials must be either loose in barrels or in biodegradable paper bags. Plastic bags are not acceptable.

### **Medical Waste:**

There is a prescription drug drop-off kiosk at the Police Station. Sharps, such as syringes or diabetic lancets can be brought to the Board of Health office. Sharps must be in a sharps container which can be purchased at any area pharmacy. Sharps cannot be accepted in laundry detergent containers.

### **Holidays:**

In the event of a holiday during the work week, the collection will be made one day later. Currently, the following are holidays recognized by the Town of Rockland:

New Year's Day  
Memorial Day  
Independence Day

Labor Day  
Thanksgiving Day  
Christmas Day

### **Beech Street Recycling Center:**

The Beech Street Recycling Center hours of operation are Monday, Thursday, Friday and Saturday 8:30 a.m. to 4:00 p.m. and Sunday 11:00 a.m. to 2:00 p.m.

**The above Rules & Regulations are subjected to change to reflect new Automated Trash system. With a projected start date August 29, 2016**