



Risk Reminder

PREVENTING SLIPS, TRIPS & FALLS ON HEAVY EQUIPMENT

Slips and trips are often caused by substances, conditions or obstacles on walking surfaces such as:

- Ice, Snow, or Water
- Spilled materials such as grease, oil, fluids (brake, antifreeze, etc.)
- Unsecured, loose or damaged steps, deck plates and other stepping/climbing surfaces
- Damaged flooring, protruding or loose objects in trailer or on flatbed

SAFETY ON YOUR EQUIPMENT

Three-Point Contact is having two feet and a hand, or two hands and a foot in contact with the vehicle when entering it or exiting. To get into your cab safely, **NEVER** attempt to enter or exit the vehicle while carrying anything.

To get out of your cab safely, **NEVER** jump! Use the same procedures used to get in: exit *with your body facing the vehicle*, using the three-point contact rule.

LOADING/UNLOADING

- Avoid walking backwards. If you must walk backward, stop and check your pathway frequently.
- When climbing on exterior areas of equipment, use care. Remember, exterior areas are exposed to the elements and may become wet, icy and slippery, making footing unsafe and dangerous.

WEATHER

- Before exiting the truck, check steps for slippery conditions such as ice, snow, mud, etc. If icy or slippery, use a long handled ice scraper to clear the surface. Take your time and use extreme caution when exiting.

FOOTWEAR

- Good traction between your shoes and any surface is essential. Your shoes or boot soles should have ridges or ribs for better traction.
- Rubber-soled shoes with a tread provide some traction, but use caution.