

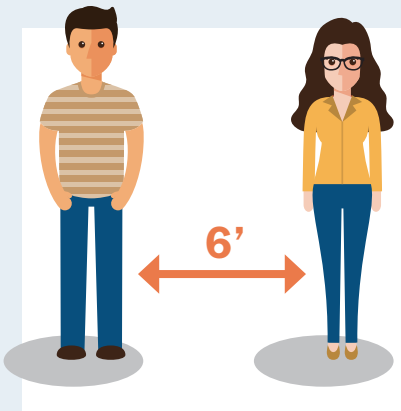
# Help Prevent COVID-19 with Social Distancing



**Call/Facetime/online chat  
with friends and family.**



**Stay home  
as much as  
you can.**



**If you must go out:**

- **Don't gather in groups**
- **Stay 6 feet away from others**
- **Don't shake hands or hug**



**And please continue  
to wash your hands  
frequently.**